AED Training Workshop



Marcy A. Mullen, MSEd, MPH, PhDc, EMT

AGENDA

- Overview of CA laws: Civic Duty, Good & Bad Samaritan, AED mandates
- Local stores and businesses that have installed AEDs onsite
- The truth behind AEDs on TV (Grey's Anatomy, Chicago Med, etc.)
- Differences between "automated" and "manual" units (aka, 'crash cart')
- How the device works and the cardiac emergencies that require one
- Inherent risks and dangers of improper or negligent use
- Live demonstration and mannequin practice



"Coulda, Shoulda, Woulda"

1. CAN YOU?

• **Laws** that mandate, or prohibit?

2. SHOULD YOU?

- <u>Ethics</u> all about the patient
 - autonomy, justice, beneficence, nonmaleficence

3. WOULD YOU?

• <u>Morals</u> - personal decisions



California: GOOD Samaritan Law

HS 1799.102 - "No person who, in good faith and not for compensation, who renders emergency or non-emergency medical care at the scene of an emergency shall be held financially responsible for any civil damages that result from any act or omission of care." *In 2000, President Clinton amended the law to include the use of an AED.

NOTE: This law protects laymen 24/7/365 and "off-duty" medical providers.

- 1. Expressed/Implied consent is required
- 2. No monetary gain/benefit
- 3. 26 years-old, or older (if possible)
- 4. Sound mind & body
- 5. Provision of care is within limits of applicable training
- 6. Rescuer cannot have caused, or contributed to, the medical issue
- 7. Care is non-malicious, non-violent, and non-negligent
- 8. No "on-duty", licensed, or certified medical professional has yet arrived



California: BAD Samaritan Law?

California residents do <u>NOT</u> have a legal duty to rescue, help, or assist during a medical emergency UNLESS acting as an "on-duty", licensed, or certified medical professional.

The ONLY 'duty to act' that currently exists in CA is the 'upstander' law for crimes against children, the elderly, or those involving sexual assault.

California: Cell Phone Laws

Freedom of Expression, even when coupled with an Individual's Right to Personal Property, RARELY (if ever) supersedes a Patient's Right to Privacy... especially during a medical emergency.

NOTE: Even if consent is expressed or implied, it refers to <u>care</u> and does <u>not</u> include photographs, audio or video recordings.

- 1. **PEN CODE 632:** CA is a "two-party" / "all party" consent state.
 - ➤ Photographs and <u>video</u> recordings are legal, but unethical.
 - → <u>Audio</u> recordings are both <u>illegal and unethical</u>.



- 2. **CIV CODE 56.10:** CA CMIA (confidentiality of medical information act) **applies to all citizens** (similar to HIPAA for healthcare providers).
- 3. **AB 2655 ("The Kobe Bryant Law"):** right to privacy after death, especially when preceded by a medical emergency; **law aims at 'first responders' (including GS)**

California: Do Not Resuscitate

- Legal document developed by state AMA & EMS authorities
- Varies by state, and country; may be invalid when traveling
- Applicable when unresponsive, pulseless, <u>and</u> not breathing
- Different from POLST (physician orders for life-sustaining treatment)
- Unless specifically stated, use of an AED does <u>not</u> apply
- Must be authorized, witnessed (by 2), and tangible
- Can only be validated by EMS personnel
- Good Samaritans are usually exempt
- Negates organ/tissue donation

California: AED Laws

HS 104113; HS 116045; HS 1714.21; HS 1797.196; HS 19300 - Assembly buildings with 300+ capacity; Business, educational, institutional, mercantile, or residential buildings, and transportational environments (airplanes/airports, trains/train stations) with 200+ capacity.

EX: Big Box Stores (Costco, Sam's Club, IKEA, Walmart, Target, Home Depot, Lowe's); Schools, Colleges/Universities; Libraries; Gyms/Health Clubs, Public Pools, & Sport Complexes; Hotels/Motels (depending on size); Multi-Provider Medical Facilities

NOTE: These laws only identify <u>where</u> AEDs must be located. They do <u>NOT</u> specify who is required to operate them <u>OR</u> mandate any specific training!

THUS, those who operate an AED <u>should</u> be properly trained on how to use it. This includes the "on duty" pharmacist, store manager, a supervisor, a 'qualified' Good Samaritan, etc.

IF INSTALLED, IT MUST BE USED!

1) Survival rates are <u>significantly</u> better than CPR alone.

2) The liability for <u>not</u> using one is HIGHER than using it improperly.

PulsePoint AED

PULSEPOINT AED

When a cardiac emergency strikes, finding an Automated External Defibrillator (AED) can help save a life. But that takes knowing where AEDs are located.

PulsePoint AED lets you report and update AED locations so that emergency responders, including nearby citizens trained in CPR and off-duty professionals such as firefighters, police officers, and nurses, can find an AED close to them when a cardiac emergency occurs.

Describe the location, snap a picture, and the information is stored for local authorities to verify. After that, the AED location data is made available to anyone using the PulsePoint Respond.



TV Trivia

- 1. AEDs are frequently shown on medical dramas such as *Grey's Anatomy, Chicago Med*, and *The Good Doctor*.
- 2. A 'heart attack' (MI) is corrected with a defibrillator.
- 3. A 'flatline' (asystole) is corrected with a defibrillator.
- 4. Defibrillator paddles are rubbed together just prior to use.
- 5. Defibrillator paddles are placed on the victim's chest in parallel (one to the left, and one to right of the heart).

Automated Defibrillators (AEDs)



Manual Defibrillators









Compare & Contrast

Manual

- Separate EKG unit
- On/Off switch
- Metal-bottomed paddles
- Requires conductive (protective) gel
- Pre-set Amps
- Programmable Joules
- Can be used for multiple cardiac Dx
- Device permits "stacked shocks"
- Often used in conjunction with Rx
- Slightly more effective due to continual medical evaluation, constant visual assessment, minimal CPR interruptions, and repeated pharmaceutical intervention (if necessary)

Automated

- Built in EKG monitor
- On/Off switch or Pad removal (varies)
- Pre-Gelled Pads
- Pre-set Amps
- Pre-set Joules
- If 'shockable', one shock every two minutes for a maximum of five
- Shock button illuminates, with an alarm, for ~ 5 seconds
- Push button and immediately release
- Cannot shock a 'non-shockable' rhythm
- Never remove pads, even if patient gains consciousness
- Never turn off device
- EMS will disconnect pads from AED, to allow transport with the patient

CURRENT = *RATE of FLOW of ELECTRIC CHARGE*

- "Power"
- Measured in Amperes (amps)

VOLTAGE = *ENERGY*

- "Work" or "Pressure"
- Measured in Joules

Defibrillators use BOTH!

Which One is The Killer



How do AEDs work?

AEDs attempt to correct ventricular fibrillation (Vfib), or pulseless ventricular tachycardia (V-tach), by interrupting the electrical conductivity of the heart to allow the brainstem to reset it.



AEDs will NOT shock 'non-shockable' rhythms: normal heartbeat (systole), atrial fibrillation (Afib), supraventricular tachycardia (SV-tach), a heart attack (MI), or cardiac arrest ('flatline').



AED Pad Placement



